

**Promoting Veterans Mental Health Awareness** 

Sponsored by Veterans of Foreign Wars Post 3238 Camden, DE

Take a dunk in the bay to show support for Veterans struggling with this affliction

12pm Saturday, January 23, 2016 at Bowers Beach \$25 pre-registered, \$30 at the event; includes event towel and awareness kit (Credit Card payments will be accepted on-site)

Pre-register at - <a href="https://sites.google.com/site/camdenvfwpost3238/">https://sites.google.com/site/camdenvfwpost3238/</a> and click on "Arctic Blast Registration"

They served you, will you serve them?